

DILLUNS

DIMARTS

DIMECRES

DIJOUS

DIUMENGE

PILATES/YOGA

10:30 a  
11:30

DANCE FIT®

11:30 a  
12:30

PILATES/YOGA

10:30 a  
11:30

JAZZ FITNESS  
80'S

11:30 a  
12:30

PILATES/  
JAZZ FITNESS

10:00 a  
11:00

↑  
TOT JULIOL  
excepte Agost

PILATES

19:30 a  
20:30

ESQUENA SANA

19:15 a  
20:15

  
Raio hits

20:00 a  
21:00



  
ZUMBA

20:15 a  
21:15

JAZZ FITNESS  
80'S

20:00 a  
21:00